



## QUALIFICATION CRITERIA FOR HEROES ULTRA 2017

In the race registration form for HUC 2017, you will be asked to provide evidence of past race results that will qualify you for the race.

Before you do, it is important to make sure your past race results fulfil our qualification criteria. If you are unsure about your eligibility to participate in the event for whatever reason, please contact us at [info@heroesultra.com](mailto:info@heroesultra.com).

### Qualification criteria

In order to qualify for entry in Heroes Ultra 2017, you will need to have completed at least one race after 1 June 2014 with the following characteristics:

- distance of at least 80 km (50 mi)
- 100 race difficulty points or more (see below for more details on our points system)
- finish time 15 hours or less for every 100 race difficulty points

HUC 2016 finishers automatically qualify for the 2017 race.

### Calculating difficulty points for a race

For each race you would like to submit for qualification in HUC 2017 entered after 1 June 2014, you should first use the following formula to calculate the difficulty points:

$$\text{Race difficulty points} = \text{Distance (in km)} + \text{Elevation Gain (in m)} / 100$$

and then make sure the calculated race difficulty points are greater or equal to 100 and that your finish time in the race in hours is less than  $15 * \text{Race difficulty points} / 100$ .

### Example

For a race of total distance 100 km and 4,000 m elevation gain completed after 1 June 2014, the race difficulty points are:

$$100 + 4,000 / 100 = 140 \text{ pts}$$

The race distance exceeds the minimum 80 km and the total difficulty points exceed the minimum 100 pts. Any prospective participant who would have finished this race in a time of less than  $15 * 140 / 100 = 21$  hours would qualify for HUC 2017.

### **Staged races**

For staged/multi-day races we are happy to accept finishers from any official UTMB qualifying event rated 5 points. The race would have to consist of at least one leg with a minimum distance of 60 km and 80 difficulty points according to the formula above. That leg would have to have been completed within the maximum time limit as dictated again by the finish time calculation for single-stage events.